



ST THOMAS
CHURCH LANCASTER

HOLIDAY AT HOME 2019

“COME CRUISE WITH US”

A 3 DAY EVENT FOR OLDER
PEOPLE AT ST THOMAS' CHURCH

TUES 6TH-THURS 8TH AUGUST



You are invited to our

Holiday at Home

Tuesday 6th – Thursday 8th August 2019

10am-4pm each day.

Cost £8 per day or £20 for the whole event including morning coffee, lunch and afternoon tea.

Date	Morning		Afternoon
Tues 6 th August	Quiz Cruise the Mediterranean Every day: Crafts Board games Time to chat	L U N	Quiz Fun, Games and Singing with Richard Hawksby
Weds 7th August	Quebec River Trip		Variety Show; with group incl Incl poetry on cruise/sea theme With Alan and Kay Beattie
Thurs 8 th August	Cruise the Hawaiian Islands	I M E	Songs of Praise Sponsored event Captain's Ball with Dave and Dianne Noble.

Contact details; Mrs Jeanette Main Third Age Coordinator

St Thomas Centre, Marton Street, Lancaster LA1 1XX

Telephone (Church Office) 01524 590410

Jeanette 07486 985 357

Holiday at Home Registration Form

PLEASE DO NOT MISS OUT ANY SECTIONS

Name _____

Address _____

Telephone _____ Mobile _____

Email (if any) _____

I would like to register for the whole event yes/no

I would like to come on Tuesday/Wednesday/Thursday (*please delete as appropriate.*)

Emergency Contact (name, address and phone number(s))

Medical Information

(Note; it is useful for us to know some medical details in case you are unwell while you are with us so that we can ensure you are looked after properly.)

Doctor's name and telephone _____

Any medication you carry for emergency use (eg GTN spray, Inhaler) _____

Do you have any medical conditions we need to be aware of?
(Eg asthma, epilepsy, diabetes, COPD etc) _____

Are you on warfarin? Yes/no

Do you have any allergies? Yes/no

If yes give details _____

Are you a wheelchair user? Yes/no

Do you need to bring an additional carer (ie not a participant of the event?) Yes/no

Are you a vegetarian? Yes/no

Do you have any other special dietary needs? Yes/no

If yes give details _____

Declaration

I understand that St Thomas Church is insured in respect of legal liability (third party liability) but that no personal accident cover is provided.

If I need GTN spray, inhaler or any other medication I will bring it and use it as appropriate.

I am happy for photographs to be taken and used for Parish or Diocesan publicity/website. Yes/no

Signed _____

Print name _____

Please return this form with your payment* to

Mrs Jeanette Main Third Age Coordinator

St Thomas Centre, Marton Street, Lancaster LA1 1XX

Telephone 01524 590410/ 07486 985 357

Email jeanette@st.tees.org.uk

[*Cost £8 per day or £20 for the whole event.](#)

[Cheques can be made payable to St Thomas Lancaster PCC](#)